starters

### **BAKED FETA 12**

oven baked feta cheese topped with caramelized onion, roasted garlic, capers, spices, and olive oil. served with toasted pita

### TRIO'S HUMMUS 12

house–made hummus topped with roasted garlic, sun-dried tomatoes, kalamata olives, and feta cheese

### TRIO'S STEAK BITES 15

grilled tenderloin filet bites served on a bed of microgreens and garnished with house onion rings and horseradish sauce

### **TUNA NACHOS 17**

marinated fresh ahi tuna poke served with slice avocado and fresh mango on a wonton chip. drizzled with spicy mayo and lemon zest

### TRUFFLE FRIES 9

house-made fries cooked to perfection then tossed in parmesan and truffle oil. served with basil aioli

**ROASTED CORN SOUP** 

soups & salads

CUP - 5 BOWL - 10

**CHICKEN & SAUSAGE GUMBO** 

CUP - 5 BOWL - 10

**SOUP OF THE DAY** 

(PRICE WILL VARY)

# **SEARED AHI SALAD 18**

our fresh ahi tuna grilled to your liking and served on a bed of mixed greens, carrot "noodle" cashews, toasted sesame seeds, avocado, drizzled with honey ginger dressing

# FLAT IRONED STEAK SALAD 16

flank steak cooked to your liking, fanned onto a bed of mixed greens, fresh tomatoes, avocado, roasted corn, roasted julienne bell peppers, red onion, pickled radish, and cilantro avocado dressing



### TRIO'S BURGER 11

our house burger seasoned and grilled to perfection with fresh toppings served on a brioche bun add cheese \$2 add bacon \$2

### WAGYU BEEF BURGER 14

fresh wagyu beef seasoned and grilled to perfection with fresh topping on our brioche bun add cheese \$2 add bacon \$2 add fries \$2



#### **BUILD YOUR OWN PIZZA**

choice of 3 toppings and pizza base. pepperoni, sausage, pulled pork, hamburger, chicken, black olives, jalapeños, roasted peaches, red onion, tomato, spinach, mushroom, bell pepper, basil, feta, cheddar, pizza sauce, bbq sauce, alfredo sauce(add more toppings \$1 each)

12"- 15 14" - 19

### TRIO'S ORIGINAL

pepperoni, sausage, onion, bell pepper, black olives, tomatoes, mushroom, jalapeño 12" - 19 14" - 23

# **CHICKEN PESTO**

basil pesto base, grilled chicken, roma tomatoes, arugula, mozzarella, drizzled with balsamic reduction 12" – 17 14" – 21

# BLACKENED CHICKEN & ANDOUILLE ALFREDO

blackened chicken, andouille sausage, bell peppers, mushrooms, drizzled in peach bourbon BBQ
12" - 18 14" - 22

# PITA PIZZA 10

BYO, Trio's original, chicken pesto or blackened chicken & andouille alfredo on 8" pita bread

# **SPAGHETTI & MEATBALLS 13**

Trio's spin on a classic favorite made with marinara sauce and meatballs. served with garlic bread

## **FETTUCCINE ALFREDO 12**

house-made alfredo with fettuccine noodles and topped with parmesan cheese. served with garlic bread add chicken \$4 add shrimp for \$6

## **CRABMEAT MOUSSAKA 24**

fried eggplant in a cream sauce with fresh crabmeat, tomatoes, garlic, asiago cheese, over thin spaghetti noodles. served with garlic bread

#### **MEDITERRANEAN PASTA 15**

house-made mediterranean creamy pesto with cherry tomatoes, artichokes, mushrooms, feta cheese, garlic toast and twirl of thin spaghetti noodles add chicken \$4 add shrimp for \$6

### **ABITA SHRIMP & ANDOUILLE PASTA 25**

andouille sausage, onions, bell peppers, jalapeño, and fresh gulf shrimp braised in Abita beer and cream. served over thin spaghetti pasta and garlic toast

### TRIO'S PASTA 15

famous Trio's pasta served with black olives, tomatoes, garlic, onion, mushroom, bell pepper, and served in our white wine sauce over spaghetti pasta and garlic toast add chicken \$4 add shrimp for \$6

### **BLACKENED CHICKEN & ANDOUILLE PASTA 24**

blackened chicken and andouille sausage served in a cream sauce with mushrooms, bell peppers over thin spaghetti noodles

steaks & chicken

## C.A.B. 8oz FILET 38

grilled to your liking and served with wilted spinach, demi glaze, and your choice: potatoes au gratin, rosemary mashed potatoes, or baked potato.

make potato loaded for \$2 add crabmeat \$6

### 12oz RIBEYE 34

grilled to your liking and served with sautéed veggies, demi glaze and your choice: potatoes au gratin, rosemary mashed potatoes, or baked potato.

make potato loaded for \$2 add crabmeat \$6

# PAN ROASTED HERB AIRLINE CHICKEN 24

bone-in crispy herb chicken breast pan roasted to perfection and served with rosemary mashed potatoes, sautéed spinach and our deglazed pan sauce

seafood

# **BLACKENED GROUPER & CRAB 34**

fresh grouper blackened in our house seasonings with crabmeat, mushrooms, and cream sauce.
served with our sweet potato hash and sautéed veggies

## **GLAZED TERIYAKI SALMON 27**

fresh salmon cut in house and grilled in a sweet teriyaki glaze. served with pineapple rice and honey glazed carrots.

## **ANDOUILLE CRUSTED REDFISH 32**

fresh gulf redfish seared in an andouille breading. topped with a thyme and jalapeño cream sauce. served over our creamy mushroom risotto and grilled broccolini

(20% GRATUITY ADDED TO ALL PARTIES OF 6 OR MORE)

kids menn

## JR HAMBURGER 8

served with mustard and mayo only and with fries

### CHICKEN STRIPS 11

2 strips served with fries

## **SPAGHETTI & MEATBALLS 7**

served with garlic toast

**FRENCH FRIES 4** 

**CILANTRO LIME RICE 4** 

**SAUTEED VEGGIES 4** 

**SAUTEED SPINACH 4** 

**HOUSE SALAD 4** 

**MASHED POTATOES 4** 

**BAKED POTATO 4** 

POTATOES AU GRATIN 6

desserts

SALTED CARAMEL CHEESECAKE 9

BROWNIE-MELT-AWAY 9

BOURBON BREAD PUDDING 11

TRIO'S RUSTON